



2021 ANNUAL REPORT

**Changing Children's Mindset
Changes Their Outcome**

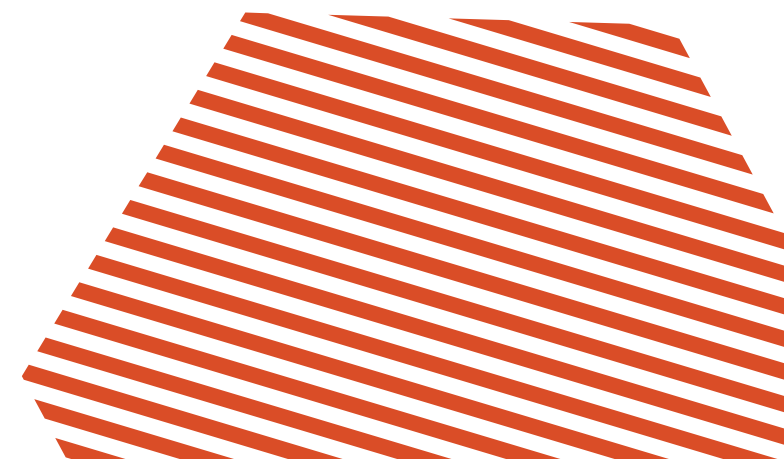




A Message From the Founder/CEO



This report summarizes our efforts during another trying year. Reflecting on our 2021 impact, this community worked together to ensure that our youth are provided with mental health resources because they deserve it. We still have a lot of work to do but we can do it with your continued support!



A LIST OF OUR PROGRAMS

- **Breaking the Cycle**
Promotes self love and leadership.
- **YouTube Self Help Classes**
Mental Health online class series.
- **Let's Talk Mental Health with Youth**
Youth lead mental health online classes.
- **The Mindfulness Project**
Teaches de-stressing techniques.
- **Internship Program**
For individuals to gain working experience.



A LIST OF OUR PROGRAMS

- **The Self Care + Food Project**
Self care care package delivery day.
- **The Self Discovery Project**
Teaches self expression using art disciplines.
- **Young Authors in the Making Project**
Learn how to become a young author.



Leading the Way

Board of Directors

Brooke Eben
Dr. Sergio Ortiz
Tai Stewart
Johnique Lang
Daniela Oviedo
Chakema Carmack
Shantelle Wiresinger

Officers of the Board

Brooke Eben, Chair
Dr. Sergio Ortiz, Vice President
Tai Stewart, Treasure
Johnique Lang, Secretary



Home Base

We are a work-from-home organization; however, this year, we began working out of a coworking space, and now we operate 80% remotely and 20% out of the office. Here's a look at where we landed:

- **Moved in to a coworking space**
- **6,435 Slack messages sent**
- **2,153 work hours submitted**



Our Continued Commitment



We are unwavering in our commitment to predominately mentor Black teens.

We are unwavering in our commitment to work with BIPOC teens.

We are unwavering in our commitment to work with teens in low income communities.

We are unwavering in our comitment to provide mental health resources.

No matter the changes happening in the world, we stand firm in our founding commitments.



Our 2021 Impact



For Mental Health Support for BIPOC
Teens in Low Income Communities

176

Youth Provided with Mental
Health Resources

494

2017 - 2021 Youth Provided with
Mental Health Resources

22

Classes Taught

7

Locations Partnered With



2021 Volunteer Impact



For Mental Health Support for BIPOC
Teens in Low Income Communities

47

Volunteers Helped to Provide Mental
Health Resources to our Youth

7

Corporate Volunteers

159

Volunteer Hours



In 2021 We Raised



For Mental Health Support for BIPOC
Teens in Low Income Communities

\$30,954

Raised

\$15,707

Direct Public Support

\$15,000

Small Business Loan

\$246

Other Income



Our Work Continues

UNTIL EVERY BIPOC TEEN RECEIVES MENTAL HEALTH SUPPORT

We set out to end the mental health crisis almost six years ago. We committed every year through highs, lows, and learning curves to provide BIPOC teens with mental health resources. Thanks to 2021, we've learned our most valuable lesson; not even a pandemic can stop us. Thanks to all the members of our amazing community, our donors, volunteers, and other supporters, we are unstoppable.

2022 is back on track, and we're excited for what's next!