

Choose to DO, Inc.

2020 Annual Report

Changing Your Children's Mindsets, Changing Their Outcomes

Letter From Dozie

Wow, 2020 has been a trying year, but we made it! This year, more than 100 kids have participated in our mentorship programs, online workshops, internship program and much more.

In 2020, we took our kids on a journey through mental health and wellness.
Using self help interactive activities, art, dance and movement to celebrate self care and personal development in our youth.
The pandemic didn't stop us!

Pozil ()heri

OUNDER/CEC



Our 2020 Impact

Take a look at what we accomplished this year.







Dem ogra phics



AGE GROUP SERVED

10 - 16 year olds



GENDER

60% Female 40% Male



RACE

90% Black 10% Other

Expanding Our Reach

1

Online classes are an extension of our initiative to tackle low self esteem in young adults. With our online classes we now target individuals and institutions that care for young adults.

2

Virtual volunteers are individuals around the world that volunteer their time to commit to work on a project or provide a service.

3

The Self Care + Food
Project delivers care
packages to selected
locations or institutions
that have their kids
participate in our online
classes.



"It taught me how to have self esteem about myself and that everyone is normal and perfect how you are"

Taniyah MacFarland

Breaking the Cycle



BREAKING THE CYCLE

This year, we have continued to grow our programs now reaching girls, boys and communities across the country.



INTERNSHIP PROGRAM

Our internship program is available to anyone who wants to gain working experience and make professional connections.



ONLINE CLASSES

We launched our online classes this year on YouTube, now serving hundreds of communities across the United States.

Vision for 2021

We imagine a world where our programming services young adults and positively impacts their lives, a world where young adults have a emotional support system to lean on, a world where mental health and wellness become the norm in communities that the youth live in.

IN 2021, WE WILL:

- Expand our programs in the U.S.
- Double the number of youth served.





Thank You

2020 SUPPORTERS



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"I learned that even when negative things get in your way, you can overcome them no matter who you are."

GENEVIEVE TREFREY